



INDEX to *The Philatelic Gourmet*
Quarterly Journal of the Gastronomy on Stamps Study Unit
Vol. 1, No. 1, January 2018, through Vol. 7, No. 3, July 2024

GENERAL

- A Look Back at the First World Food Day on its 40th Anniversary (Felts, Vera), vol.4, no.4, p.5 (Oct 2021).
American Towns and Cities Named for Food (Hamman, Dawn), vol.2, no.1, p.3 (Jan 2019).
An Introduction to Gastronomy on Stamps (Wolfersberger, David), vol.1, no.4, p.1 (Oct 2018).
An Introduction to Gastronomy on Stamps (Part 2) (Wolfersberger, David), vol.2, no.1, p.1 (Jan 2019).
An Introduction to Gastronomy on Stamps (Part 3) (Wolfersberger, David), vol.2, no.4, p.1 (Oct 2019).
Can Stamp Collecting Make One Hungry? (Smith, Andrea, vol.4, no.3, p.1 (Jul 2021).
Confessions of a Cookbook Collector (Smith, Andrea), vol.1, no.4, p.3 (Oct 2018).
Ephemera Adds Interest to a Gastronomy Collection (Hamman, Dawn), vol.1, no.4, p.7 (Oct 2018).
Food Rationing Stamps: The World War II Era (Smith, Edward S.), vol.5, no.2, p.7 (Apr 2022).
Gastronomy Subcultures from Around the World, vol.6, no.1, p.5 (Jan 2023).
Gastronomy Unit President (David Wolfersberger) Named Distinguished Topical Philatelist, vol.5, no.3, p.4 (Jul 2022).
Graham Beck – Explore Stamps on YouTube, vol.1, no.4, p.5 (Oct 2018).
Intangible Cultural Heritage of Humanity (Felts, Vera), vol.6, no.1, p.3 (Jan 2023).
International Year of Fruits and Vegetables 2021, vol.4, no.3, p.5 (Jul 2021).
Poster Stamps Enhance Your Gastronomy Collection (Hamman, Dawn), vol.3, no.1, p.6 (Jan 2020).
What's in those Press Sheets? (Youngblood, Wayne), vol.7, no.2, p.9 (Apr 2024).

BOOK REVIEWS

- Bound to the Fire: How Virginia's Enslaved Cooks Helped Invent American Cuisine* (by Kelley Farrow Deetz, review by Dawn Hamman), vol.2, no.4, p.3 (Oct 2019).
American Cookery, The Art of Dressing Viands, Fish, Poultry, and Vegetables: First American Cookbook, from Hartford, Connecticut (by Amelia Simons, review by Andrea Smith), vol.3, no.2, p.5 (Apr 2020).
The Food Explorer (by Daniel Stone, review by Dawn Hamman), vol.1, no.2, p.4 (Apr 2018).

Stamps à la Carte/Stamps à la Carte – Second Helpings (Webster, Ruth S. (review by Vera Felts)), vol.4, no.2, p.6 (Apr 2021).

CACHETS

Cachet Cache: *Ratatouille*, vol.4, no.2, p.5 (Apr 2021).

Lagniappe: Tasty Topics, vol.4, no.2, p.7 (Apr 2021).

BEVERAGES

SE PAC 2022 – Local Beverages (Kent, David), vol.6, no.1, p.3 (Jan 2023).

Coffee

Coffee (Wolfersberger, David), vol.3, no.3, p.1 (Jul 2020).

Coffee (Part 2) (David Wolfersberger), vol.4, no. 3, p.5 (Jul 2021).

Tea

History and Culture Related to Tea (Ang Kian Kee), vol.5, no.1, p.7 (Jan 2022).

DAIRY

A Very Cheesy Story – Spotlight on Cheddar (Smith, Andrea), vol.7, no.3, p.3 (Jul 2024).

FRUIT

Bananas

Are You Bananas (Smith, Andrea), vol.1, no.1, p.4 (Jan 2018).

Breadfruit

Breadfruit (Wolfersberger, David), vol.4, no.2, p.1 (Apr 2021).

Durian

Durian – A Follow-up (Wolfersberger, David), vol.1, no.4, p.12 (Oct 2018).

Eat It – But Hold Your Nose! (Hamman, Dawn), vol.1, no.3, p.5 (Jul 2018).

Guava

Guava (Lough, Jeff), vol.6, no.4, p.3 (Oct 2023).

Sugar-Apple

Sugar-Apple Tastes Like Custard (Hamman, Dawn), vol.1, no.3, p.12 (Jul 2018).

GRAINS

Rice

Rice – With an Emphasis on Hawaii (Straayer, Lee), vol.2, no.2, p.1 (Apr 2019).

Rice, Part 2: Europe (Straayer, Lee), vol.2, no.3, p.6 (Jul 2019).

HOLIDAYS

Cinco de Mayo

Cinco de Mayo (Straayer, Lee), vol.3, no.2, p.1 (Apr 2020).

Oktoberfest

Oktoberfest (Straayer, Lee), vol.3, no.4, p.1 (Oct 2020).

MEATS/MAIN DISHES

Grilling and Barbequing as Depicted on Stamps (Wolfersberger, David), vol.7, no.1, p.3 (Jan 2024).

More American than Apple Pie (Morgan, Pat), vol.7, no.2, p.3 (Apr 2024) [Hot Dogs].

MISCELLANEOUS

Cream of Tartar

What on Earth is Cream of Tartar? (Hamman, Dawn), vol.2, no.2, p.12 (Apr 2019).

NATIONAL AND REGIONAL FOODS

Hong Kong Snacks (Hamman, Dawn), vol.5, no.9, p.3 (Jul 2022).

Macau Food Festival (Lunt, Alyn), vol.4, no.4, p.7 (Oct 2021).

Petiscos with Wines from Portugal (Raddi, Al) , vol.6, no.3, p.5 (Jul 2023).

Singapore Hawker Culture – UNESCO (Ang Kian Kee), vol.5, no.4, p.4 (Jan 2023).

Singapore Local Foods (Ang Kian Kee), vol.5, no.2, p.4 (Apr 2022).

Ukrainian Borscht – UNESCO (Felts, Vera), vol.6, no.1, p.6 (Jan 2023).

SEAFOOD

Fish

Try It, You Might Like It...The Lionfish (Hamman, Dawn), vol.1, no.4, p.5 (Oct 2018).

Oysters

The World is My Oyster (Smith, Andrea), vol.2, no.2, p.5 (Apr 2019).

SPICES AND HERBS

Scents of the Season, vol.4, no.4, p.5 (Oct 2021).

Spicy Stamps, vol.5, no.1, p.4 (Jan 2022).

Basil

Basil (Felts, Vera, vol.6, no.3, p.3 (Jul 2023).

Cardamom

Cardamom (Felts, Vera), vol.5, no.1, p.5 (Jan 2022).

Cilantro and Coriander

A Double-Duty Herb: *Coriandrum sativum* (Felts, Vera), vol.7, no.3, p. 11 (Jul 2024).

Dill

Dill (Felts, Vera), vol.5, no.2, p.5 (Apr 2022).

Nutmeg & Mace

Nutmeg and Mace (Felts, Vera), vol.5, no.3, p.5 (Jul 2022).

Paprika

Paprika--Put Some Spice in Your Life! (Smith, Andrea), vol.3, no.1, p.1 (Jan 2020).

Rosemary

Rosemary (Felts, Vera), vol.6, no.2, p.9 (Apr 2023).

SUGAR AND SWEETS

Sugarcane (Wolfersberger, David), vol.1, no.2, p.1 (Apr 2018).

Sugarcane (Part 2) (Wolfersberger, David), vol.1, no.3, p.1 (Jul 2018).

Sugarcane – A Few Philatelic Items (Wolfersberger, David), vol.2, no.1, p.6 (Jan 2019).

Candy

Candy: From Mom's Homemade to Candy Bars (Hamman, Dawn), vol.2, no.3, p.1 (Jul 2019).

Fruitcake

Everyone's Favorite – Fruitcake! (Smith, Andrea), vol. 5, no. 4, p. 3 (Oct 2022).

Honey

Slovenian Beekeeping – A New UNESCO World Heritage, vol.6, no.2, p.6 (Apr 2023).

Licorice

What's in this Stuff? (Raddi, Al), vol.4, no.1, p.1 (Jan 2021).

UNESCO INTANGIBLE CULTURAL HERITAGE OF HUMANITY

Gastronomy Subcultures from Around the World, vol.6, no.1, p.5 (Jan 2023).

Intangible Cultural Heritage of Humanity (Felts, Vera), vol.6, no.1, p.3 (Jan 2023).

Armenia

Lavash: Bread of the Armenians – 2014 UNESCO Intangible World Heritage (Grigorian, Igor), vol.6, no.4, p.5 (Oct 2023).

Azerbaijan

Nar Bayrami – 2022 UNESCO Intangible World Heritage (Felts, Vera) , vol.6, no.3, p.9 (Jul 2023).

North Korea

Pyongyang Raengmyon – 2022 UNESCO Intangible World Heritage Food (Felts, Vera) , vol.7, no.3, p.7 (Jul 2024).

Peru

Ceviche – UNESCO Intangible World Heritage Food (Felts, Vera) , vol.7, no.2, p.13 (Apr 2024).

Singapore

Singapore Hawker Culture – UNESCO (Ang Kian Kee), vol.5, no.4, p.4 (Oct 2022).

Slovenia

Slovenian Beekeeping – A New UNESCO World Heritage, vol.6, no.2, p.6 (Apr 2023).

Ukraine

Ukrainian Borscht – UNESCO (Felts, Vera), vol.6, no.1, p.6 (Jan 2023).

VEGETABLES

Beans

"Sufferin' Succotash": It's Southern Cooking (Hamman, Dawn), vol.1, no.2, p.4 (Apr 2018).

Cabbage

It All Began in the Cabbage Patch (Hamman, Dawn), vol.3, no.1, p.5 (Apr 2020).

Cardoon

The Beautiful Cardoon (Hamman, Dawn), vol.1, no.1, p.3 (Jan 2018).

Corn

"Sufferin' Succotash": It's Southern Cooking (Hamman, Dawn), vol.1, no.2, p.4 (Apr 2018).

Eggplant

Eggplant (Wolfersberger, David), vol.4, no.4, p.1 (Oct 2021).

Okra

Okra 101, or How I Learned to Love a Pod (Smith, Andrea), vol.1, no.4, p.6 (Oct 2018).

Sweet Potatoes

The Beni-imo or Ryukyu Sweet Potato, vol.6, no.2, p.3 (Apr 2023).

RECIPES

Banana Fritters (reprinted from ATA handbook No. 67, *Cooking with Stamps*, Edwin Brooks, Editor), vol.2, no.1, p.5 (Jan 2019).

Cannelloni, vol.2, no.4, p.6 (Oct 2019).

Cornish Pasties (reprinted from ATA handbook No. 67, *Cooking with Stamps*, Edwin Brooks, Editor), vol.1, no.2, p.2 (Apr 2018).

Eggplant Parmesan, vol.4, no.4, p.5 (Oct 2021).

Ensamada, vol.6, no.3, p.16 (Jul 2023).

Game Day Snack Recipes – Guacamole Dip (Hamman, Dawn), vol.3, no.1, p.3 (Jan 2020).

Game Day Snack Recipes – Kansas City Chiefs' Hot Corn Dip (Smith, Andrea), vol.3, no.1, p.3 (Jan 2020).

Gramma's Barbeque Sauce (Wolfersberger, David), vol.7, no.1, p.7 (Jan 2024).

Indonesian Sate Bab (reprinted from ATA handbook No. 67, *Cooking with Stamps*, Edwin Brooks, Editor), vol.1, no.3, p.3 (Jul 2018).

Japanese Sweet Potato Pudding, vol.6, no.2, p.5 (Apr 2023).

Macaroni and Cheese (Smith, Andrea), vol.7, no.3, p.6 (Jul 2024).

Moussaka (reprinted from ATA handbook No. 67, *Cooking with Stamps*, Edwin Brooks, Editor), vol.2, no.2, p.3 (Apr 2019).

Recipes from Turkish Physicians (Ataman, Ahmet Dogan), vol.1, no.1, p.6 (Jan 2018).

Smoked Gouda Pimento Cheese Spread, vol.3, no.3, p.6 (Jul 2020).

Spicy Guava Lamb Chops, vol.6, no.4, p.4 (Oct 2023).
Steckerlfisch/AKA Bavarian Fish on a Stick, vol.3, no.4, p.4 (Oct 2020).
Sticky Rice with Mango (Straayer, Lee), vol.2, no.2, p.5 (Apr 2019).

NEW STAMP ISSUES

2019 UPAEP Traditional Foods Issues (checklist), vol.3, no.2, p.12 (Apr 2020).
Food/Gastronomy Stamps New Issues (Kent, David), all issues (Jan 2018 to present).
La Unión Postal de las Américas, España y Portugal (UPAEP) Traditional Foods Issue (Wolfersberger, David), vol.3, no.2, p.9 (Apr 2020).
La Unión Postal de las Américas, España y Portugal (UPAEP) Traditional Foods Issue (conclusion) (Wolfersberger, David), vol.3, no.3, p.9 (Jul 2020).
New Issues Listing, vol. 1, no.1, p.11 (Jan 2018).
New Issues Listing Update, all issues (Mar 2018 to present).
Postal Union for the Mediterranean (Europed Postal) 2020 Traditional Gastronomy of the Mediterranean, vol.3, no.4, p.5 (Oct 2020).
Postal Union for the Mediterranean (Europed Postal) 2020 Traditional Gastronomy of the Mediterranean – Part 2, vol.4, no.1, p.5 (Jan 2021).
SEPAC 2022 – Traditional Beverages (Kent, David), vol.6, no.1, p.3 (Jan 2023).